



Interfacing Instructions

HEAT...MOISTURE...PRESSURE...TIME...is what adheres interfacing to fabric.

Pre-shrink all interfacings. Be sure to handle your fusible interfacings gently. To pre-shrink, draw a sink full of hot water and let sit for 15-20 minutes (until water cools). Drain and roll in a towel to remove excess water. Hang to dry over a towel bar with the glue side up.

I recommend a silk organza press cloth. You can see through it, mist through it, the steam will penetrate it and the silk organza will take the highest heat from the iron.

To protect your ironing surface, use Parchment paper, now available in the grocery stores (used to line cookie sheets).

Many facing pattern pieces have unusual shapes. Once the tissue has been removed the fabric shape can 'grow' and lose its shape. Keep the tissue pinned to the fashion fabric until ready to use. You need to build a 'sandwich' on your ironing surface.

1. Parchment paper to cover the surface cut for the longest pattern piece you will be interfacing.
2. Fashion fabric, wrong side up.
3. Tissue paper pattern piece laid over the fashion fabric to make sure the fabric is in the exact shape as the pattern. If you mishandle the fabric, or allow it to stretch out of shape, then interface it in this condition, the interfacing will keep the shape right or wrong and could become very difficult sewing the interface fabric to another part of the garment.
4. Interfacing, glue side down.
5. Silk organza press cloth. Make sure to always face the press cloth with the same side next to the interfacing, this will keep the sole plate of the iron clean. Have an additional press cloth for just finish pressing garments. If using the same press cloth for everything, the glue can transfer to the plate of the iron or onto a finished garment.

Write along the edge of your press cloth with a 'Sharpie' pen 'This side up' 'interfacing cloth'.

When first testing the heat for the interfacing and the fabric, start with the iron just inside steam range and move the button higher as needed. Apply pressure (your body weight pressing down on the iron) at least 10 seconds in every location, but continue to move the iron until the whole piece is pressed and 10 seconds has been applied to every section. Apply steam as you are pressing. You are PRESSING not IRONING. Do

not slide the iron back and forth over the press cloth. You will push the interfacing and garment out of shape.

Some interfacing and fabric needs a bit more coaxing to adhere to each other. Heat the fashion fabric by steaming and pressing before the interfacing is placed into position. You might try a misting bottle filled with warm water, spritzing the organza pressing cloth through to the 'interfacing sandwich'. You will learn the best way to apply the interfacing in the testing stage. Let the garment shape/interfacing dry completely before moving.

A word about 'Block Interfacing'. Pressing large sections of interfacing and the fashion fabric together. Only when necessary. If a pattern piece has an intricate cut or the fabric can become off grain or ravel very easily, I would suggest to Block Interface.